



THE OMEGA PROJECT

PARTNERS IN HEART CHANGE

Paper Products:

- Napkins
- Toilet Paper
- Paper Towels (e.g. Bounty)
- Zip-Lock Bags

Laundry:

- Laundry Soap
- Dryer Sheets
- Bleach

Cleaning Supplies

- Vacuums
- Toilet Bowl Cleaner
- Glass Cleaner
- General All-Purpose Cleaner
- Tall Kitchen Trash bags

Kitchen Supplies

- Cookware
- Kitchen Utensils
- Dish Soap
- Dishwasher Detergent
- Coffee Maker

Linens:

- Bath Towels – Body Size
- Wash Cloths
- Twin or Full Sheets
- Twin or Full Blankets
- Pillow Cases
- New Pillows

Hygiene Items:

- Body Wash
- Toothbrushes
- Toothpaste
- Q-Tips
- Underarm Deodorant
- Shampoo
- Lotion
- Razors
- Shaving Cream
- Mouthwash (ALCOHOL FREE)

Clothing:

- New underwear
- Socks
- Winter hats/gloves
- Gently used coats

Clothing:

- Dry Breakfast Cereal
- Peanut Butter and Jelly
- Spaghetti Noodles
- Canned Spaghetti Sauce
- Tuna Helper and Tuna
- Instant Potatoes
- Mac-and Cheese
- Canned Fruit
- Canned Vegetables
- Canned Chicken or Beef
- Canned Soup

For all other items, please contact our office at (620) 241-1371 ext. 101